



NEW FRONTIERS IN LEARNING

## New Frontiers in Learning—Westchester & The City - Summer 2017

Come enjoy the best of both worlds as NFIL expands our Summer in the City program to Westchester! Over the course of two weeks, students will come together as a team to work on social, executive functioning, independent living, travel, and stress management skills. Students will take part in morning skill-building lessons in Pleasantville and then head out to explore and apply those skills with their peers. Daily activities will include train and subway trips to a mix of the best that Westchester County and New York City have to offer! A day hike in the woods, an afternoon at an amusement park, cooking classes, mindfulness workshops, exploring a local nature center, and trips to famous New York museums and landmarks are some of the cultural activities planned. Step outside and challenge yourself this summer in a supportive and engaging atmosphere!

**Skill-building lessons include:** meditation, brain/body connection, leadership in life, time & money management, organization skills, current events/public speaking, shopping and cooking skills, and more!

Trips in Westchester and NYC are supervised and supported by NFIL staff. This will include various Metro North stops along the Harlem Line as well as trips to New York City. Students will learn to navigate the NYC subway system and experience several NYC favorites like The Metropolitan Museum of Art, The Museum of Moving Image, The Intrepid Sea and Space Museum, among other exciting destinations.

**Session Dates:** August 14<sup>th</sup> – August 25<sup>th</sup>

**Program Hours:**

**Week 1** (All trips take place in Westchester): Monday-Friday 10:00am-2:00pm

**Week 2** (Students travel to NYC!): Monday-Friday 10:00am-3:00pm

**Drop off and Pickup Location:** Select Human Services, 17-19 Marble Ave., Pleasantville, NY 10570

**Cost:** \$2250 (not including travel expenses and activities)

**Space is limited! Reserve your spot now!**

For more information contact (646)-558-0085 or [info@nfil.net](mailto:info@nfil.net).

The mission of New Frontiers in Learning is to provide the highest quality education and social support services to young adults who learn differently. Our ongoing personalized programming is designed to meet the needs of students who benefit from individualized supports in the areas of academic learning, executive functioning, and social interaction at the secondary and postsecondary levels.

[www.nfil.net](http://www.nfil.net)